

Performing Arts & Education Classes

Pre-registration is required for all Performing Arts Classes

<p>Tumbling- Develop the basic fundamentals of tumbling such as cartwheels, backbends, handstands, and much more. Our instructors focus on your child’s individual ability and encourage fun through games and instruction. This is a beginner level class. Class is limited to 6 participants. Pre-registration required. (Begins February 5th)</p>	staff	6-12	Thursdays 5:00-6:00 (Ages 6-8) 6:00-7:00 (Ages 9-12)	\$20/month
<p>Pre-School Tumbling- Develop the basic fundamentals in tumbling through the use of a variety of equipment and movements. Tumbling is a great way to get your child on the right track to playing sports through implementation of coordination and balance control. Class is limited to 6 participants. Pre-registration required (Begins February 3rd)</p>	staff	3-5	Tuesdays 4:00-4:45pm Wednesdays 10:00-10:45am	\$15/month
<p>Mommy & Me Tumbling- Develop basic fundamentals in tumbling through the use of a variety of equipment and movements. Our instructors focus on your child's individual ability and encourage fun through games and instruction. Tumbling is a great way to get your child on the right track to playing sports through the implementation of coordination and balance control. You must pre-register for this class to secure your spot. Class is limited to 6 participants. Child MUST be potty trained to attend this class. Pre-registration required (Begins February 4th)</p>	staff	18 months- 3 years	Wednesdays 11:00-11:45am 4:00-4:45pm	\$15/month
<p>Glitter Dollz- Creative Movement, Beginning Tap, Ballet and Acro Hoop Hop. An exciting dance class for the budding ballerina! Many dance styles taught within age appropriate dances and drills. Acting through movements, tap, and basic ballet along with our original Acro Hoop Hop using hula hoops for balance in FUN Acro Hoop Hop routines! Weekly dance/art coloring with “Miss TuTu”! Seasonal dance parties and June recital. Parents are welcome and invited to dance along in weekly classes if desired. Pre-registration required</p>	Dancer’s Dream Performing Arts Academy	Ages 3-5	Mondays 5:15-6:00pm	\$40/month
<p>Glamour Girlz- Tap, Ballet, and Hip Hop. An energetic dance class with FUN age appropriate lessons & routines within each dance style all rolled up into one class! Teaches basic tap & ballet technique along with awesome Hip Hop dances and drills! Improves coordination, grace, and self-confidence! Seasonal dance parties and June stage production recital! Pre-registration required</p>	Dancer’s Dream Performing Arts Academy	Ages 6-10	Mondays 6:00-6:45pm	\$40/month
<p>Clogging- Come be a part of this All American dance style! GREAT exercise! Take weekly classes for fun or join the newly forming clogging team! Learn from the ground up with weekly classes that will advance each dancer at a steady pace! FUN for ALL ages and makes a fantastic mother/daughter class! Pre-registration required</p>	Dancer’s Dream Performing Arts Academy	All Ages	Mondays 6:45-7:15pm	\$35/month
<p>Hip Hop- FUN, high energy, dance class, learning Hip Hop combinations and routines! Hip Hop is a great class that can be taken for weight loss, and building coordination. Popular class for teens who love to dance! Take weekly for fun or participate in the June recital or community events! Pre-registration required</p>	Dancer’s Dream Performing Arts Academy	Ages 8+	Mondays 7:15-7:45pm	\$35/month
<p>Gypsy Heart Fusion Belly Dance- Graceful fusion belly dance using coined hip skirts! FUN props are used including veils, candles and finger cymbals. This class will teach the basic belly dance movements incorporating ballet, within this enchanting dance style. This class is appropriate for all ages, and is a beautiful class for gaining, grace and poise through self-expression. Take for exercise or perform with the Gypsy Heart Dancers. Pre-registration required</p>	Dancer’s Dream Performing Arts Academy	All Ages	Mondays 7:45-8:15pm	\$35/month

www.johnsoncitytn.org/mpcc

Hours of Operation: Monday-Saturday 7AM-9PM; Closed on Sundays

Phone: 423.434.5749

Performing Arts & Education Classes

www.johnsoncitytn.org/mpcc

Hours of Operation: Monday-Saturday 7AM-9PM; Closed on Sundays

Phone: 423.434.5749